COURTEOUSY OF THE ADVENTURE PROJECT



### Get outdoors and get into it

BY ZOE SCOTT-KING

Let's get right into it, these are our Top 5 EPIC Bushwalks of Sydney. all within a 2 hours drive of the city. It's not easy choosing just 5 but we can promise you each of these you provides you with an awesome day out, get out there and enjoy! In no particular order....(as it was too hard they are all fantastic)

https://theadventureproject.com/adventures/

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### No 1. Grand Canyon, Blue Mountains

We love the Blue Mountains National Park. 2 hours drive from Sydney and you feel like you are in a completely new world. There is no walk like the Grand Canyon which makes it such a special experience. Descending into the canyon you suddenly feel dwarfed by the immense sandstone walls surrounding you.. It's a 7km loop with a stair descent into the canyon and a 10-15min climb back up but the view that awaits you at Evans Lookout is stunning. We recommend walking this walk in an anti-clockwise direction starting at the overfill car park on Evans Lookout Road so your reward is the view at the finish. Graded moderately hard due to the amount of stairs you shall grow to love by the end of the day!

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### No 2. Bouddi National Park **Coastal Walk**

This absolute gem of a walk is located on the Central Coast, 1.5 hours drive from the centre of Sydney. It can be started from Kilcare at the Southern end or McMasters Beach at the Northern end. 8.5km and providing a lot of undulations and stair training opportunities! During whale watching season it's a prime vantage spot. The track mixes up boardwalk, beaches, tracks through shaded rainforests and offers plenty of birdlife and wildlife to spot. The viewpoints are stunning and it's definitely a day to take a picnic and stop for a swim on one of the several beaches you'll cross. The views are always changing landscape make the effort extremely worthwhile! Depending on the length of your walk, the grade varies from easy

moderate to hard

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### No 3. Ruined Castle and Mount Solitary, Blue Mountains

Our second top pick in this World Heritage region, Starting from the Golden Stairs, descend into the Jamison Valley and follow Federal Pass to climb up to the rugged rock formation which is the Ruined Castle. You can climb up to gain spectacular views from the top, a great place to sit and take it all in. Continuing on to Mount Solitary, the track becomes quite rugged in places so take care and take it steady up to Chinamans Gully for a well deserved rest. This is an out and back walk so if you choose to turn around at Ruined Castle the distance is 8km, if you are venturing out to Mount Solitary and return the distance is 13-14km but allow a full day but it's one of our favourites and we can't recommend It enough! Graded moderate hard to hard.

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### No 4. The Royal National Park Coastal Track

This is simply a Bucket List Walk. Iconic, splendid, challenging, amazing, awe-inspiring, there are not enough adjectives to describe it. The best thing is that this walk can be done in shorter sections, a very long (28km) day walk, or a 2 day walk. Starting and finishing points are Otford in the South (accessible by train and car and Bundeena at the Northern point (accessible by ferry from Cronulla and car). Depending on the section(s) you choose to do this is graded from moderate to hard. Our favourite section is from Otford to Wattamolla Picnic area, 15km, graded hard. It encompasses a vast array of vegetation and environments, forests, grassy rolling hills, beaches and of course sandstone cliffs. You will never forget a day walk in The Royal, it's one of the best!

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### No. 5 Govetts Leap to Pulpit Rock Return

Experience the immense Gross Valley from the cliff walk high above! This is a great walk for all seasons as it's graded easy moderate, it's a shorter one so a good choice for the warmer days. From Blackheath town centre, follow Govetts Leap Road all the way to the car park at the 280 degree viewpoint. From here, it's easy to follow the signs to Pulpit Rock, a 4km walk each way. You'll pass through heathlands, swamps above waterfalls and through eucalypt forests. One of the best viewpoints in all the Blue Mountains is Pulpit Rock, perfect place for a snack stop and to simply go 'wow'.

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#### **About us**

I'm Zoe Scott-King, the Founder of The Adventure Project. Living in Sydney, I realised how many great places there are to have some awesome trips out of the city. The Adventure Project is here to create inspiring, fun bushwalking and trekking adventures for people that love the outdoors. We do the organising so you can just get out there and enjoy these stunning locations.

Come and join us on an adventure soon! https://theadventureproject.com/adventures/